



# Suffolk County P.A.L.

Summer 2016



## Swim For Survival Program



The Suffolk County Police Athletic League is offering a Swim For Survival Instructional Program for those children who have no swimming experience. The program is designed to teach basic water survival skills to children in a short period of time. This program is not for children who have had basic swimming instructions, either through the Red Cross, Y.M.C.A., or Safety Swim Programs.

The Program is open to children 5-10 years old. The instructions will be conducted on four (4) consecutive weeks. Certified instructors from St. Joseph's College will provide the swim instructions. The program will be held at the Danzi Athletic Center located on the campus of St. Joseph's College in Patchogue. Enrollment is limited.

**Thursdays July 7, 14, 21 & 28, 2016**

DATE/TIME: (choose 1 session)

Session #1 Thursday, - 5:00 - 5:45 p.m.

Session #2 Thursday - 6:00 - 6:45 p.m.

**REGISTRATION FEE:** \$20.00 - (Check / Money Order payable to S.C.P.A.L.)

Please submit an e-mail address for confirmation

**SWIM LESSON LOCATION:**

St. Joseph's College  
John A. Danzi Athletic Center  
155 West Roe Boulevard  
Eastbound Sunrise Service Road Entrance  
Patchogue, NY. 11772

Please send the registration form below along with a check or money order to:

Suffolk County Police Athletic League  
P.O. Box #26

**MAIL IN REGISTRATION FORM**

**EMAIL**

CHILD'S NAME: \_\_\_\_\_ D.O.B. \_\_\_\_\_

ADDRESS: \_\_\_\_\_ PHONE# \_\_\_\_\_

PLEASE CHECK SESSION CHOICE    5:00 P.M. SESSION - 6:00 P.M. SESSION

SIGNATURE \_\_\_\_\_